



## OAKWOOD ACADEMY

### COVID-19 FAMILY SCREENING FORM

Oakwood is committed to keeping our community's health and safety our top priority. Part of our Health and Safety policies includes families complete this screening form prior to your child's entrance each day. If we do not receive this completed screening form **before 8:00 am**, your child will not be permitted to attend school or sessions.

Student's Name (Last, First): \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
MM DD YYYY

1. In the last [5, 10 days], has your child experienced **ANY** of the following new or worsening *most common* COVID-19 symptoms?
  - i. If your child is fully vaccinated AND/OR 11 years old or younger, use 5 days
  - ii. If your child is 12 years old or older and not fully vaccinated OR if your child is immunocompromised, use 10 days.

Anyone who is sick or has any new or worsening symptoms of illness, including those not listed below, should stay home until their symptoms are improving for 24 hours (or 48 hours for nausea, vomiting, and/or diarrhea) and should seek assessment from their health care provider if needed. Household members of individuals with any of the below symptoms should stay home at the same time as the person who is sick, regardless of vaccination status.

If your child is symptomatic and tested negative for COVID-19 on a single PCR test or rapid molecular test, or two rapid antigen tests (RATs) taken 24-48 hours apart, does not have a fever, and symptoms have been improving for 24 hours (or 48 hours for nausea, vomiting, and/or diarrhea), you may answer "no" to all symptoms.

Choose any/all that are new, worsening, and not related to other known causes or conditions your child already has.

- |   |     |    |
|---|-----|----|
| 1. <b>Fever (37.8C or higher) and/or chills</b><br>In-home daily temperature read _____   | Yes | No |
| 2. <b>Cough or barking cough</b><br>Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious reactive airways, or other known causes or conditions they already have) | Yes | No |
| 3. <b>Shortness of breath</b><br>Out of breath, unable to breathe deeply (not related to asthma or other known causes or conditions they already have)  | Yes | No |

4. **Decrease or loss of taste or smell** Yes No  
 Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have)

2. In the last [5, 10] days, has your child experienced **ANY** of the following new or worsening *lesser common* COVID-19 symptoms?  
 i. If your child is fully vaccinated AND/OR 11 years old or younger, use 5 days  
 ii. If your child is 12 years old or older and not fully vaccinated OR if your child is immunocompromised, use 10 days.

You may select "No" to all symptoms if your child tested negative for COVID-19 on a PCR test, a rapid molecular test, or two rapid antigen tests taken 24 to 48 hours apart AND your child does not have a fever and symptoms have been improving for 24 hours (48 hours if you have nausea, vomiting, and/or diarrhea).

Choose any/all that are new, worsening, and not related to other known causes or conditions your child already has.

- a. **Runny nose and/or nasal congestion** Yes No  
 Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have

- b. **Headache** Yes No  
 Unusual, long-lasting (not related to tension-type headaches, chronic migraines or other known causes or conditions they already have)

If your child received a COVID-19 and/or flu vaccination in the last 48 hours and is experiencing a mild headache that only began after vaccination, select "No."

- c. **Sore throat or difficulty swallowing** Yes No  
 Painful swallowing (not related to seasonal allergies, acid reflux, or other known causes or conditions they already have)

- d. **Muscle aches and joint pain** Yes No  
 If your child received a COVID-19 and/or flu vaccination in the last 48 hours and is experiencing mild muscle aches/joint pain that only began after vaccination, select "No."

- e. **Extreme fatigue** Yes No  
 Unusual, fatigue, lack of energy (not related to depression, insomnia, thyroid dysfunction, sudden injury, or other known causes or conditions they already have)

If your child received a COVID-19 and/or flu vaccination in the last 48 hours and is experiencing mild fatigue that only began after vaccination, select "No."

- f. **Nausea, Vomiting and/or diarrhea (gastrointestinal)** Yes No  
 Not related to irritable bowel syndrome, anxiety, menstrual cramps, or other known causes or conditions they already have

3. Is your child fully vaccinated against COVID-19? (Fully vaccinated = 14 or more days since their final dose of either a two-dose or a one-dose vaccine series)  
 Yes No

4. Do any of the following apply?

Select "No" if your child completed their isolation after testing positive in the last 90 days (using a rapid antigen, rapid molecular, or PCR test)

- a. Your child lives with someone who is currently isolating because of a positive COVID-19 test
- b. Your child lives with someone who is currently isolating because of COVID-19 symptoms (any one or more symptoms from question 1 above or any two or more symptoms from question 2 above)
- c. Your child lives with someone who is currently isolating while waiting for COVID-19 test results

Yes                      No

5. In the last [5, 10] days, has your child been identified as a "close contact" of someone who currently has COVID-19 or has symptoms of COVID-19 (any one or more symptoms from question 1 above or any two or more symptoms from question 2 above)

- If your child is fully vaccinated AND/OR 11 years old or younger, use 5 days
- If your child is 12 years old or older and not fully vaccinated OR is immunocompromised, use 10 days

Select "No" if any of the following apply:

- Your child is fully vaccinated, not immunocompromised, and does not live with the person who has COVID-19
- Your child completed their isolation after testing positive in the last 90 days (using a rapid antigen, rapid molecular, or PCR test)
- Contact with the person who has COVID-19 or symptoms of COVID-19 only occurred within a school or child care setting.

**Note:** Given the multiple protective strategies in place, contacts who are only exposed at school or child care are not generally considered close contacts requiring isolation

Yes                      No

6. Has a doctor, health care provider, or public health unit told you that your child should currently be isolating or staying home?

This can be because of an outbreak or contact tracing.

Yes                      No

7. Do any of the following apply?

- In the last 14 days, the child has travelled outside of Canada and was told to quarantine.
- In the last 14 days, the child travelled outside of Canada and was told to not attend school (please note that if the child is not fully vaccinated but is exempt from federal quarantine because they travelled with a vaccinated companion, **they must not attend school for 14 days** – Select YES if this applies to the child).
- In the last 14 days, someone your child lives with has returned from travelling outside of Canada and is isolating while awaiting results of a COVID-19 test.

Yes                      No

8. In the last [5, 10] days, has your child tested positive for COVID-19?

This includes a positive COVID-19 test result based on a lab-based PCR test, rapid molecular test, rapid antigen test or a home-based self-testing kit.

- If your child is fully vaccinated OR 11 years old or younger, use 5 days
- If your child is 12 years old or older and not fully vaccinated/unvaccinated OR are immunocompromised, use 10 days

Select "No" if your child has already completed their isolation period of [5, 10] days because their symptoms started before their positive test result AND their symptoms have been improving for 24 hours (48 for nausea, vomiting, and/or diarrhea) AND they do not have a fever

Yes                      No

9. I agree to follow the guidelines outlined in Oakwood's Health & Safety policies and procedures.\*\*

I agree

I certify that the above information is true to the best of my knowledge.

Today's Date: \_\_\_\_\_

Parent/Guardian Name & Signature: \_\_\_\_\_

Submit this form to [hs@oakwoodacademy.ca](mailto:hs@oakwoodacademy.ca)

**If you answered "YES" to ANY question, your child cannot go to school. Contact [HS@oakwoodacademy.ca](mailto:HS@oakwoodacademy.ca), your child's teacher/therapist, and your child's program supervisor/director to let them know that they will not be attending school today. See below for isolation and testing requirements.**

Results of Screening Questions:

**If you answered "YES" to any of the symptoms included under question 1 and/or TWO or more symptoms included under question 2:**

- Your child should isolate immediately and not leave home except to get tested or for a medical emergency:
  - If your child is NOT tested AND
    - is 12 years of age or older AND fully vaccinated, OR
    - is 11 years of age or younger regardless of vaccination status, your child must isolate for:
      - At least **5 days** from their symptom onset AND until your child's symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms) whichever is longer in duration (day 0 = first day symptoms developed, your child can return to school on day 6)
  - If your child is NOT tested AND
    - Is 12 years of age or older AND either partially vaccinated/unvaccinated, OR
    - Immunocompromised, regardless of age, your child must isolate for:
      - At least **10 days** from their symptom onset AND until your child's symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms) whichever is longer in duration (day 0 = first day symptoms developed, your child can return to school on day 11).
- All household members, including siblings must isolate for their child's isolation period regardless of vaccination status unless they tested positive for COVID-19 in the past 90 days and have already completed their isolation.
- If testing is available:
  - If a single PCR or rapid antigen test (RAT) is **positive**, your child should follow the guidance outlined in question 8.
  - If a single PCR test or TWO rapid antigen tests (RATs) collected 24-48 hours apart are both **negative**, the child may return to school provided that their symptoms have been improving for 24 hours (48 hours if gastrointestinal symptoms) and your child does not have a fever.
- If your child's symptoms worsen, seek advice from Telehealth or your healthcare professional.

**If you answered "YES" to only ONE symptom included under question 2:**

- Your child must isolate until their symptoms are improving for at least 24 hours, or 48 hours for any gastrointestinal symptoms (nausea, vomiting, and/or diarrhea).

- If your child has been identified as a “close contact” of someone with COVID-19 in the last 10 days, even if they are fully vaccinated and the contact was not living with them, it is more likely that they have a COVID-19 infection. Your child must isolate for [5, 10] days and until they do not have a fever and their symptoms have been improving for at least 24 hours (48 hours for nausea, vomiting, and/or diarrhea).

**If you answered “YES” to question 4:**

- Your child must isolate for their household member's isolation period while there is anyone in the home who is isolating because of symptoms of COVID-19, a positive COVID-19 result, or is waiting for a COVID-19 test result. Your child must only leave for a medical emergency.
- All household members should stay home at the same time as the household member who has COVID-19 symptoms or is a positive COVID-19 case, **regardless of vaccination status** unless they tested positive for COVID-19 in the past 90 days and have already completed their isolation.
- If another household member develops symptoms or tests positive, your child must continue isolating until that household member has also finished their own isolation period. The initial household member(s) with symptoms and/or positive test results do not have to extend their isolation period based on other household members developing symptoms.

**If you answered “YES” to questions 5 or 6:**

- Your child must isolate (stay home) and not leave except to get tested or for a medical emergency.
- If your child develops symptoms, follow isolation guidance found under results to “If you answered “YES” to any of the symptoms listed under question 1 and 2 – follow the appropriate isolation periods described above.
- As long as your child and your household members do not develop any symptoms, other people in your household can go to school, child care or work, but must not leave the home for other non-essential reasons
- Note: Current Ontario guidelines state that if your child is exposed to a confirmed positive COVID-19 case or suspected COVID-19 case **at school**, they WILL NOT be considered a close contact and not need to isolate. Monitor your child for symptoms and inform [HS@oakwoodacademy.ca](mailto:HS@oakwoodacademy.ca) immediately, should any symptoms develop.

**If you answered “YES” to question 7:**

- Your child should remain in isolation until the end of the 14-day quarantine after return to Canada and get tested as per federal requirements.
  - This also applies for unvaccinated youth ages 12-17 years of age, even if they are dependents of fully vaccinated travelers.
- If your child is fully vaccinated and does not have symptoms, they do not need to self-isolate for the 14-day quarantine period after return to Canada, but must follow the Government of Canada's testing requirements. If your fully vaccinated child develops symptoms or tests positive, your child must self-isolate and you should contact your local public health unit or doctor/health care provider for more advice.
- Unvaccinated children under 12 years of age and dependents of fully vaccinated travelers will also be exempt from quarantine; however, they **must** avoid group settings, such as schools, camps or daycares.
- If someone your child lives with is isolating following return from travelling outside of Canada and received a take-home PCR test at the airport, is symptomatic following international travel OR is awaiting test results, your child must stay home until the individual has received a negative PCR test result or has completed their isolation period.

**If you answered “YES” to question 8:**

- Your child must isolate (stay home) and only leave for a medical emergency.

- If your child is **fully vaccinated** OR **11 years old or younger**, they must isolate for **5 days** from when symptoms started or from when they tested positive for COVID-19 (whichever was first) and stay in isolation until their symptoms have been improving for 24 hours (or 48 hours for gastrointestinal symptoms), whichever is longest.
- If your child is **12 years old or older** and **partially vaccinated/unvaccinated** OR is **immunocompromised**, they must isolate for **10 days** from when the symptoms started or from when they tested positive for COVID-19 (whichever was first) and stay in isolation until their symptoms have been improving for 24 hours (or 48 hours for gastrointestinal symptoms), whichever is longest.
- When determining your child's isolation period, the day their symptoms started or they tested positive is day 0. For example, for those isolating 5 days, if they develop symptoms or test positive on Saturday (day 0), they can return to school on Friday (day 6).
- Household members, including siblings, must stay home at the same time as your child, whether they are fully vaccinated or not unless they tested positive for COVID-19 in the past 90 days and have already completed their isolation.

**If you answered "NO" to all questions, your child may go to school.**

- As per regular protocols, all sick individuals with any symptoms of illness should stay home and seek assessment from their regular health care provider if required.
- Individuals with severe symptoms requiring emergency care should go to their nearest emergency department.
- If your child got a COVID-19 vaccine or flu shot in the last 48 hours and is experiencing mild fatigue/tiredness, muscle aches, and/or joint pain that only began after vaccination, they should wear a properly fitted mask for the entire time at school/child care. They can take the mask off to quickly eat or drink and they should stay at least two metres away from others while it is off. If their symptoms worsen, continue past 48 hours, or if they develop other symptoms: they should leave school/child care immediately to isolate.

**Families must fill out and submit a Back to School form to [HS@oakwoodacademy.ca](mailto:HS@oakwoodacademy.ca) prior to returning.**